



A compass to insights and resources for building positive and focused mentoring experiences

Finding the Captain for Your Journey

STEP 1. What Are You Looking For?

Write a clear statement combining your answer for how your mentor will help you and the challenges you hope to overcome.

STEP 2. Define Your Mentor Profile

	Critical/Must-Have	Good-to-Have	No-Go
Experience/ Knowledge			
Soft Skills/ Mentorship Style			

STEP 3. Build Your List of Mentors

Name	Strengths	Concerns